



Mongolian Shamanism



Mongolian Shamanism is an ancient ethnic religion, tradition and moreover, a way of life. It is a way to connect with nature and all of creation. As all ancient spiritual practices are rooted in nature, shamanism is the method by which we can strengthen that natural connection. It is also centered on the worship of the Tenger (Heaven, God of Heaven, God)

Shamanism is the universal spiritual wisdom inherent to all tribes and it is memory of tribes and nations, preserving the traditions throughout the centuries. Mongolian shamanism is an all-encompassing system of belief that includes medicine, religion, a reverence of nature, and ancestor worship.

It is a practice that involves a practitioner reaching altered states of consciousness in order to perceive and interact with spiritual world. A shaman is someone who is regarded as having access to the world of spirits and enters into a trance state during a ritual and connects with spirits of their ancestors. Shamans perform a variety of functions depending upon their respective cultures; healing, leading a sacrifice, preserving the tradition by storytelling and songs, fortune-telling, and acting as a psychopomp (literal meaning, "guide of souls"). A single Shaman may fulfill several of these functions. In this way the Shaman helps to maintain balance and harmony on both a personal and planetary level.

Practicalities

Shaman: Our Shaman is member of "Tenger Bekhi Urguu" clan. Tenger Bekhi Urguu clan was founded back in 2013, with shaman members whom worships the Tengerism. Now this clan has over 30 shaman members. There are several kinds of Shaman's ritual of worshiping mother nature and Heaven Gods. On this excursion our Shaman will perform one of rituals on his/her choice depending on the day, as it is an extensive but magical event. You may ask also to tell your fortune if you wish.

Transport: This tour is supported by a jeep or minibus depending on the number of travelers. Short drive outside of Ulaanbaatar to the sacred Shaman spot

Staff: Mongolian An English speaking guide will accompany you at all times. Other language guides such as Russian, French, German, Italian, Korea etc. available at additional cost, upon request.

Meals: The lunch will be provided as a picnic.

Additional: We can organize 2n/3d tour with more Shaman rituals such as worshiping 99 heavens, the fire ritual, the sun and the moon ritual on request.

Includes: Guide, picnic lunch, transport and entrance fees.

Excludes: Beverages. Transfers and accommodation in Ulaanbaatar. Air or train tickets in and out Mongolia.

PRICE ex Ulaanbaatar:

2 - 8 members: USD 490 per person

Dates 2024 ex Ulaanbaatar:

Daily